

# A YOUNG ADULT'S\* GUIDE TO NAVIGATING C3G

Managing C3G as a young adult can be challenging. Use this guide for helpful tips on navigating life with C3G and learn about FABHALTA for the treatment of adults with C3G, to reduce proteinuria.

## Learn about:

- Creating a daily routine
- Becoming an advocate for yourself
- Taking an active role in your treatment plan
- Managing your C3G with FABHALTA
- Navigating the insurance process
- Accessing Novartis Patient Support (NPS)

\*A young adult is considered a person age 18-25. C3G, complement 3 glomerulopathy.

## Approved Use

### What is FABHALTA?

FABHALTA is a prescription medicine used to treat adults with a kidney disease called complement 3 glomerulopathy (C3G), to reduce protein in the urine (proteinuria).

It is not known if FABHALTA is safe and effective in children with C3G.

## Important Safety Information

### What is the most important information I should know about FABHALTA?

FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections.

- FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria, including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.

Please see additional Important Safety Information throughout and on pages 10-11, and full Prescribing Information, including Boxed WARNING and Medication Guide.



Patient portrayal.



**FABHALTA**  
(iptacopan) 200 mg capsules

# YOUR DAILY ROUTINE

Taking on your disease management may seem like a tall task. Don't worry though, we're here to help you along the way and direct you to resources that may help along your journey.

## The importance of a daily routine

Making some changes in your everyday life can be important when managing C3G. Here are a few tips to help you establish new day-to-day routines.

### Some of these changes might include:



Taking medications around the same time every day, according to your doctor's instructions



Getting regular exercise



Adopting a kidney-friendly diet, following the recommendations of your health care team



Keeping track of how you're feeling and notifying your care team if something feels off

### To help make sustainable changes in your daily routine:



Use your smartphone or digital calendar to set up medication reminders or alarms



Keep your medication in a pillbox or travel pill organizer, and put it in an obvious or easy-to-remember place



Associate taking your medications with other activities (like right after getting dressed or brushing your teeth)



Ask your friends and family to help keep you motivated and on track

## Important Safety Information (continued)

### What is the most important information I should know about FABHALTA? (continued)

**FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections. (continued)**

- **FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria,** including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.
  - You must complete or update your vaccinations against *Streptococcus pneumoniae* and *Neisseria meningitidis* at least 2 weeks before your first dose of FABHALTA.
  - If you have not completed your vaccinations and FABHALTA must be started right away, you should receive the required vaccinations as soon as possible.

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# MANAGING C3G WITH FABHALTA

## What is FABHALTA?

FABHALTA is the first and only FDA-approved oral treatment for adults with C3G, to reduce proteinuria (protein in the urine).

### Learn more about FABHALTA

- See the FABHALTA clinical trial results [here](#)
- View important safety information about FABHALTA [here](#)
- Understand your disease and some related terms [here](#)

### How FABHALTA works

In C3G, the complement system (a part of your immune system that helps fight infections) becomes overactive, resulting in a buildup of C3 in your kidneys as well as inflammation. FABHALTA helps block a part of the complement system. To learn more about how FABHALTA works in your body, [click here](#).

## Becoming an effective advocate for yourself

One of the important elements of managing your condition is learning how to be an effective self-advocate. A better understanding of C3G can help you have more informed conversations with your health care team—your best source of information. Make sure you reach out to them when something feels off, when you have questions about your condition or treatment, or if you want to discuss treatment options.

## Important Safety Information (continued)

### What is the most important information I should know about FABHALTA? (continued)

**FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections. (continued)**

- **FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria**, including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.
  - If you have not been vaccinated and FABHALTA must be started right away, you should also receive antibiotics to take for as long as your health care provider tells you.
  - If you have been vaccinated against these bacteria in the past, you might need additional vaccinations before starting FABHALTA. Your health care provider will decide if you need additional vaccinations.

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# PRODUCTIVE DOCTOR APPOINTMENTS

Your doctor visits are your chance to talk about how you're feeling and discuss whether FABHALTA may be right for you.

## Here are some ways to make the most of each appointment



**Create an agenda:** Make a list of topics you want to cover and bring them up when your appointment begins



**Be honest:** Providing detailed information to your care team can help give them a better picture of your experience



**Ask questions:** It's okay to ask as many questions as you need to understand what your doctor is saying



**Bring someone:** A family member or friend might help you feel more comfortable and even ask questions you might not think of



**Be a team:** Setting clear goals and keeping consistent communication with your care team can give you more confidence in managing your treatment



**Set realistic goals:** Adapting your lifestyle to C3G can be hard, but being open with your doctor about your struggles can help. You and your care team can work together to come up with and maintain realistic changes to the way you manage your C3G



See what else you can do before, during, and after your appointments in our [Doctor Discussion Guide](#)

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# FINDING SUPPORT ALONG YOUR JOURNEY

## Connect with the C3G community

You don't have to face your C3G alone. Support groups, advocacy organizations, and patient communities are great ways to connect with others who may have had similar experiences.\*



### Find helpful resources

There are many kidney-related online community groups that may offer C3G information and support. A little research may help you find support that fits your needs.

\*These organizations and support groups are independently operated and are not managed by Novartis Pharmaceuticals Corporation. Novartis assumes no responsibility for any information they may provide.

Patient  
portrayal.



***"I think not being afraid to ask for help would be the most important part. Give yourself grace and breathe through the changes."***

— Real C3G patient

## Important Safety Information (continued)

### What is the most important information I should know about FABHALTA? (continued)

**FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections. (continued)**

- **FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria,** including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.
  - Vaccines do not prevent all infections caused by encapsulated bacteria. **Call your health care provider or get emergency medical care right away if you have any of these signs and symptoms of a serious infection:**

▪ Fever with or without shivers or chills	▪ Headache and fever	▪ Fever with breathlessness or fast breathing	▪ Headache with stiff neck or stiff back
▪ Fever with chest pain and cough	▪ Confusion	▪ Headache with nausea or vomiting	▪ Body aches with flu-like symptoms
▪ Fever with high heart rate	▪ Clammy skin		▪ Eyes sensitive to light
	▪ Fever and rash		

Please see additional Important Safety Information throughout and on **pages 10-11**, and full **Prescribing Information**, including **Boxed WARNING** and **Medication Guide**.



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules



# LEARN ABOUT NOVARTIS PATIENT SUPPORT™

The world of insurance and co-pay programs may be foreign to you, and you may not know where to begin. Here's a quick overview of some helpful information.

## Novartis Patient Support

Novartis Patient Support (NPS) is there to help you every step of the way, including navigating the insurance process. Visit [support.FABHALTA.com](https://support.FABHALTA.com) to sign up for NPS today!

## \$0 Co-Pay Plus\* offer

If you have private insurance, you may be eligible for the \$0 Co-Pay Plus offer for FABHALTA through NPS.

## FABHALTA Bridge Program†

If you have private or commercial insurance, the FABHALTA Bridge Program offers up to 12 months of FABHALTA for free while we work with your health care provider and insurer to help get your medication covered.

**Learn more about starting FABHALTA and find more information about Novartis Patient Support programs with our [FABHALTA Onboarding Brochure](#)**



## Important Safety Information (continued)

### What is the most important information I should know about FABHALTA? (continued)

**Your health care provider will give you a Patient Safety Card about the risk of serious infections.**

Carry it with you at all times during treatment and for 2 weeks after your last dose of FABHALTA. Your risk of serious infections may continue for a few weeks after your last dose of FABHALTA. It is important to show this card to any health care provider who treats you. This will help them diagnose and treat you quickly.

**FABHALTA is only available through a program called the FABHALTA Risk Evaluation and Mitigation Strategy (REMS). Before you can take FABHALTA, your health care provider must:**

- Enroll in the FABHALTA REMS program.
- Counsel you about the risk of serious infections caused by certain bacteria.
- Give you information about the symptoms of serious infections.
- Make sure that you are vaccinated against serious infections caused by encapsulated bacteria and that you receive antibiotics if you need to start FABHALTA right away and you are not up-to-date on your vaccinations.
- Give you a **Patient Safety Card** about your risk of serious infections.

**Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).**



**FABHALTA®**  
(iptacopan) 200 mg capsules

# NOVARTIS PATIENT SUPPORT TERMS AND CONDITIONS

**\*Co-Pay Plus:** Limitations apply. Patients with commercial insurance coverage for FABHALTA may receive up to \$20,000 in annual co-pay benefits for the cost of FABHALTA and up to \$1,000 for qualifying vaccination costs (excluding administrative fees). Patient is responsible for any costs once limit is reached in a calendar year. Program not valid (i) under Medicare, Medicaid, TRICARE, VA, DoD, or any other federal or state health care program, (ii) where patient is not using insurance coverage at all, (iii) where the patient's insurance plan reimburses for the entire cost of the drug, or (iv) where product is not covered by patient's insurance. The value of this program is exclusively for the benefit of patients and is intended to be credited towards patient out-of-pocket obligations and maximums, including applicable co-payments, coinsurance, and deductibles. Patient may not seek reimbursement for the value received from this program from other parties, including any health insurance program or plan, flexible spending account, or health care savings account. Patient is responsible for complying with any applicable limitations and requirements of their health plan related to the use of the program. Valid only in the United States, Puerto Rico and select territories. Void where prohibited by law. Additional restrictions may apply. This program is not health insurance. Program may not be combined with any third-party rebate, coupon, or offer. Proof of purchase may be required. Novartis reserves the right to rescind, revoke, or amend the program and discontinue support at any time without notice.

**†Bridge Program:** Limitations apply. Patients with commercial insurance, a valid prescription for FABHALTA, and a denial of insurance coverage based on a prior authorization requirement may receive a monthly dose for up to 12 months or until insurance coverage approval, whichever occurs first. Not available to patients whose medications are reimbursed in whole or in part by Medicare, Medicaid, TRICARE, VA, DoD or any other federal or state program, or where prohibited by law. A prior authorization and/or appeal of coverage denial must be submitted within 90 days to remain in the program. No purchase necessary. Program is not health insurance, nor is participation a guarantee of insurance coverage. Additional restrictions may apply. Novartis reserves the right to rescind, revoke or amend this Program without notice.

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# INSURANCE TERMS



*This list can help you understand some of the words and phrases you may encounter along your treatment journey.*

## **Appeal**

A request for your insurance company to reconsider its decision about denying coverage of your medication.

## **Benefits verification**

This is when the insurance company reviews your coverage. This may identify a need for a prior authorization or what out-of-pocket costs may be for the prescription.

## **Bridge Program**

If eligible, a bridge program can help you get your medication when coverage is delayed or denied.

## **Coinsurance**

The percentage of covered medical costs you'll pay after you've reached your deductible.

## **Co-pay**

A pre-determined, fixed amount you pay for your medication after your health plan covers a portion of the total cost.

## **Deductible**

The amount you pay for a prescription before your insurance starts to pay its portion of the cost.

## **Explanation of benefits (EOB)**

This is your insurance company's written explanation for a claim, showing the name of the provider that provided the service and date(s) of service. Your insurance company is also required to send you a clear explanation of how they computed your benefits.

## **Formulary**

A list of prescription medications covered by a prescription medication plan or another insurance plan offering prescription medication benefits.

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules



# INSURANCE TERMS *(continued)*

## **Government insurance**

Insurance reserved for specific groups of people (eg, senior citizens, persons with low income, persons with disability, current military and their families, government employees, and some federally recognized Native American tribes) and funded by the government. Medicare, Medicaid, TRICARE, and the Veterans Health Administration program are all examples of government insurance.

## **Out-of-pocket maximum**

The most you will have to pay for prescription medications in a year. After you spend this amount on deductibles, co-pays, and coinsurance, your insurance plan covers 100% of the cost.

## **Patient support program**

A program that helps patients, caregivers, and health care professionals find support when they need it. Novartis Patient Support is one such program.

## **Premium**

The amount you pay for your health insurance every month.

## **Prior authorization**

An approval given by your insurance so your prescription is covered by your plan.

## **Private insurance (sometimes called commercial insurance)**

Insurance you buy individually or through your employer.

## **Retail pharmacy**

An independent or chain pharmacy that dispenses medications to the general public at retail prices.

## **Specialty pharmacy**

A pharmacy that carries medications that require specific handling and storage.

## **Step therapy**

A process by which insurers (public or private) require patients to take one or more alternative medications before they can access the medicine prescribed by their provider.

Please see additional Important Safety Information throughout and on [pages 10-11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).

 **FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# APPROVED USE AND IMPORTANT SAFETY INFORMATION FOR FABHALTA (iptacopan)

## Approved Use

### What is FABHALTA?

FABHALTA is a prescription medicine used to treat adults with a kidney disease called complement 3 glomerulopathy (C3G), to reduce protein in the urine (proteinuria).

It is not known if FABHALTA is safe and effective in children with C3G.

## Important Safety Information

### What is the most important information I should know about FABHALTA?

**FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections.**

- **FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria**, including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.
  - You must complete or update your vaccinations against *Streptococcus pneumoniae* and *Neisseria meningitidis* at least 2 weeks before your first dose of FABHALTA.
  - If you have not completed your vaccinations and FABHALTA must be started right away, you should receive the required vaccinations as soon as possible.
  - If you have not been vaccinated and FABHALTA must be started right away, you should also receive antibiotics to take for as long as your health care provider tells you.
  - If you have been vaccinated against these bacteria in the past, you might need additional vaccinations before starting FABHALTA. Your health care provider will decide if you need additional vaccinations.

- Vaccines do not prevent all infections caused by encapsulated bacteria. **Call your health care provider or get emergency medical care right away if you have any of these signs and symptoms of a serious infection:**

- |   |   |  |
|---|---|--|
| ▪ Fever with or without shivers or chills | ▪ Confusion                                   | ▪ Headache with stiff neck or stiff back |
| ▪ Fever with chest pain and cough         | ▪ Clammy skin                                 | ▪ Body aches with flu-like symptoms      |
| ▪ Fever with high heart rate              | ▪ Fever and rash                              | ▪ Eyes sensitive to light                |
| ▪ Headache and fever                      | ▪ Fever with breathlessness or fast breathing |  |
|   | ▪ Headache with nausea or vomiting            |  |

**Your health care provider will give you a Patient Safety Card about the risk of serious infections.**

Carry it with you at all times during treatment and for 2 weeks after your last dose of FABHALTA. Your risk of serious infections may continue for a few weeks after your last dose of FABHALTA. It is important to show this card to any health care provider who treats you. This will help them diagnose and treat you quickly.

**FABHALTA is only available through a program called the FABHALTA Risk Evaluation and Mitigation Strategy (REMS). Before you can take FABHALTA, your health care provider must:**

- Enroll in the FABHALTA REMS program.
- Counsel you about the risk of serious infections caused by certain bacteria.
- Give you information about the symptoms of serious infections.
- Make sure that you are vaccinated against serious infections caused by encapsulated bacteria and that you receive antibiotics if you need to start FABHALTA right away and you are not up-to-date on your vaccinations.
- Give you a **Patient Safety Card** about your risk of serious infections.

**Important Safety Information continues >>**

Please see additional Important Safety Information throughout and on [page 11](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).



**FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# APPROVED USE AND IMPORTANT SAFETY INFORMATION FOR FABHALTA (iptacopan) (continued)

## Who should NOT take FABHALTA?

### Do not take FABHALTA if you:

- Are allergic to FABHALTA or any of the ingredients in FABHALTA.
- Have a serious infection caused by encapsulated bacteria, including *Streptococcus pneumoniae*, *Neisseria meningitidis*, or *Haemophilus influenzae* type b, when you are starting FABHALTA.

### Before you take FABHALTA, tell your health care provider about all your medical conditions, including if you:

- Have an infection or fever.
- Have liver problems.
- Are pregnant or plan to become pregnant. It is not known if FABHALTA will harm your unborn baby.
- Are breastfeeding or plan to breastfeed. It is not known if FABHALTA passes into your breast milk. You should not breastfeed during treatment and for 5 days after your final dose of FABHALTA.

**Tell your health care provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking FABHALTA with certain other medicines may affect the way FABHALTA works and may cause side effects.

Know the medicines you take and the vaccines you receive. Keep a list of them to show your health care provider and pharmacist when you get a new medicine.

## What are the possible side effects of FABHALTA?

### FABHALTA may cause serious side effects, including:

- See “What is the most important information I should know about FABHALTA?”
- **Increased cholesterol and triglyceride (lipid) levels in your blood.** Your health care provider will do blood tests to check your cholesterol and triglycerides during treatment with FABHALTA. Your health care provider may start you on a medicine to lower your cholesterol if needed.

### The most common side effects of FABHALTA in adults include:

- Headache
- Nasal congestion, runny nose, cough, sneezing, and sore throat (nasopharyngitis)
- Diarrhea
- Pain in the stomach (abdomen)
- Infections (bacterial and viral)
- Nausea
- Rash

Tell your health care provider about any side effect that bothers you or that does not go away. These are not all the possible side effects of FABHALTA.

Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see additional Important Safety Information throughout and on [page 10](#), and full [Prescribing Information](#), including [Boxed WARNING](#) and [Medication Guide](#).

 **FABHALTA**<sup>®</sup>  
(iptacopan) 200 mg capsules

# STAY IN THE KNOW

**As you manage your C3G, stay up-to-date on the latest information.**

Visit [www.FABHALTA.com/C3G](http://www.FABHALTA.com/C3G) at any time to learn more and explore helpful resources.



Patient portrayal.

## Approved Use

### What is FABHALTA?

FABHALTA is a prescription medicine used to treat adults with a kidney disease called complement 3 glomerulopathy (C3G), to reduce protein in the urine (proteinuria).

It is not known if FABHALTA is safe and effective in children with C3G.

## Important Safety Information

### What is the most important information I should know about FABHALTA?

**FABHALTA is a medicine that affects part of your immune system and may lower your ability to fight infections.**

- **FABHALTA increases your chance of getting serious infections caused by encapsulated bacteria,** including *Streptococcus pneumoniae*, *Neisseria meningitidis*, and *Haemophilus influenzae* type b. These serious infections may quickly become life-threatening or fatal if not recognized and treated early.

**Please see additional Important Safety Information throughout and on pages 10–11, and full Prescribing Information, including Boxed WARNING and Medication Guide.**

